



FIRE SAFETY

At Home

- Dial “911” in the event of an emergency.
- Be Proactive, not reactive towards Safety because Safety is not just a slogan: it’s a way of life!
- An evacuation plan should be designed for your home.
- Have a basic understanding of fire protection devices (**portable fire extinguishers, smoke alarms, etc.**)
- Commit to practice fire safety drills on a regular basis.

For Smokers:

- Provide smokers with large, deep ashtrays.
- Wet cigarette butts and ashes before emptying ashtrays into a wastebasket.
- Never smoke when you are lying down, drowsy, or in bed.

For Heating Equipment:

- Give space heaters space.
- Keep them **at least 3’** away from anything that can burn.
- Unplug heaters when you shut them off, leave your home, or go to bed.
- Use proper fuel for the type of heater and store the fuel outside.
- **Never** use portable electric heaters in the bathroom or touch them when you’re wet.

Kitchen Safety:

- Wear tight-fitting or rolled-up sleeves when cooking or use rubber bands to secure dangling sleeves.
- Use a timer to remind you when something is finished cooking or needs attention. If you are interrupted while cooking, **turn off burners.**
- Use pots and pans that are easy to lift.
- Turn handles to the side so they are not knocked over easily.
- Turn off burner before picking up a pot and use a potholder.
- If a pan of food catches fire, slide a lid over it and turn off the burner.
- **Don’t** cook if you are drowsy from alcohol or medication.
- Use cool water for 10 – 15 minutes, then a bandage, on minor burns. If a burn is serious, call for help. **Call 911**

If Your Clothing Catches on Fire:

- **STOP** (don’t run)!!
- **Drop** gently to the ground, cover your face with your hands
- **Roll** over and over to smother the flames.

- If you cannot do that, smother the flames with a towel or blanket.

Smoke Alarms:

- Smoke alarms save lives.
- Install smoke alarms in all sleeping areas on every level of your home.
- Test your smoke alarm at least once a month.
- Make sure everyone in your home can hear the smoke alarms.
- Change batteries when you change your clocks back – i.e. **daylight savings, etc.**
- Replace smoke alarms every ten years or when they stop working correctly.

How to Operate a Portable Fire Extinguisher (P.A.S.S.):

- **P**ull the locking pin out
- **A**im the discharge hose at the base of the fire
- **S**queeze on the discharge lever
- **S**weep the discharge hose in a horizontal motion

Additional Fire Safety Tips:

- Keep glasses and telephone by your bed.
- Have an escape plan with **two** ways out of every room.
- In the event of fire, use the stairs; **do not** use an elevator.
- If you must escape through smoke, crawl low where it's easier to breathe.
- Check fire protection equipment annually.
- **DO NOT** leave candles unattended.
- **DO NOT** overload electrical outlets.
- **DO NOT** open a door that's hot to the touch, use another exit.
- **DO NOT** run cords under carpets or smother them under clothes.